Sun Safety Policy

Rationale

We believe in the importance of outdoor play and want all our children and staff to be able to enjoy our outdoor facility and the sun safely.

Too much exposure to ultra (UV) radiation from the sun causes sunburn, skin damage, and increase the risk of skin cancer, Sun E

Exposes in the first 15 years of life can contribute to the lifetime risk of skin cancer.

The Pre-School Centre will:

Work together with parents through:

Education

• Staff will discuss sunsmart with children and incorporate this in our learning and planning early in the summer term

• Children will be encouraged to draw pictures about the sunshine/sunsmart to reinforce the sun protection message, we will use stories and pictures for our younger children.

Protection

• The Pre-School Garden has shade provided by trees, huts and canopies.

• Between the hours of 11am – 3pm the children will only be able to play out in the outdoor area at the discretion of the manager/deputy, ensuring that there is ample shaded areas to use.

• We ask all the parents to provide a sun hat for their child to use – we do have spares.

• Children will be encouraged to always wear their hats.

• To help with independent skills – the Pre-School children will be given an opportunity to apply their own cream under supervision.

• Staff will act as role models.

Drinking water

• Children will be encouraged to increase their water intake in hot weather and will be encouraged during times in outdoors areas.

• Water will always be available – which children will be able to access independently.

Sunscreen

• Parents will be requested to apply a high factor 30+ sunscreen on their child prior to their child coming to the Pre-School Centre.

• We will ask the parents to provide a named bottle of sunscreen and have written consent for the staff to re-apply if needed – this will be at registration.

• The sunscreen will be stored in a cool place and the expiry date will be monitored.

Reviewed on 06.05.2022 by Saskia Gregory/Lisa Best

Next Review – 06.05.2023